

Online questionnaires and self-sampling are feasible methods for a household cohort study on pandemic preparedness

The “Bern, get ready” (BEready) pilot study about participation and feasibility: what have we learned?

Why we did it


- ❖ Lack of epidemiological hampers decision making during pandemics
- ❖ Need for a cohorts that can rapidly supply data
- ❖ Assess feasibility of BEready (“Bern, get ready”), a population-based household cohort for pandemic preparedness

How we did it

- ❖ 1,338 randomly selected households in the canton of Bern invited
- ❖ 9% agreed to participate in BEready
- ❖ 108 households enrolled (193 people, 29 cats and 15 dogs)




What we found





Online questionnaires and self-sampling are feasible!

Also...

- ❖ Participation was *lower* in larger households (3+ people)
- ❖ Participation was *lower* in households with lower education
- ❖ Community engagement is needed in underserved groups



Scan for table

- **Related posters**
 - #1 BEready pilot study – zoonotic risk, closeness of human-animal contact and preventative health measures in household pets
 - #2 Vaccination status amongst human and animal participants of the BEready population-based household cohort study for pandemic preparedness in the canton of Bern, Switzerland
 - #3 BEready – a population-based cohort study to assess viral respiratory infections within households

Authors: Hodel, EM; Wegmüller, S; Grimm, K; Gasser, L; Schuller, S; Wandeler, G; Low, N