Online questionnaires and self-sampling are feasible methods for a household cohort study on pandemic preparedness

The "Bern, get ready" (BEready) pilot study about participation and feasibility: what have we learned?

Why we did it

- Lack of epidemiological hampers decision making during pandemics
- Need for a cohorts that can rapidly supply data
- * Assess feasibility of BEready ("Bern, get ready"), a populationbased household cohort for pandemic preparedness

How we did it

- 1,338 randomly selected households in the canton of Bern invited
- ❖ 9% agreed to participate in BEready
- ❖ 108 households enrolled (193 people, 29 cats) and 15 dogs)

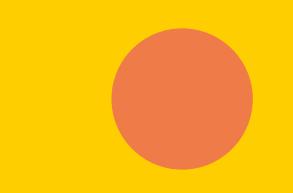
Baseline visit

Inclusion questionnaire Clinical assessment Biobanking

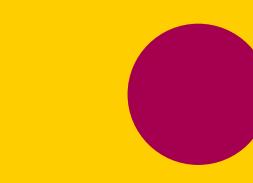
1 month Questionnaire Disease event Telemedicine Questionnaire

Self-sampling

12 months Questionnaire Self-sampling







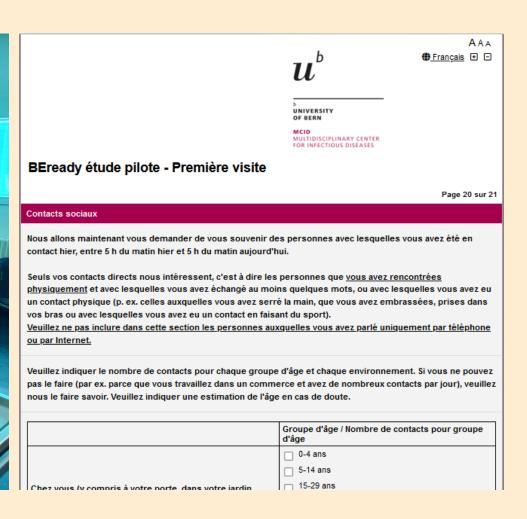


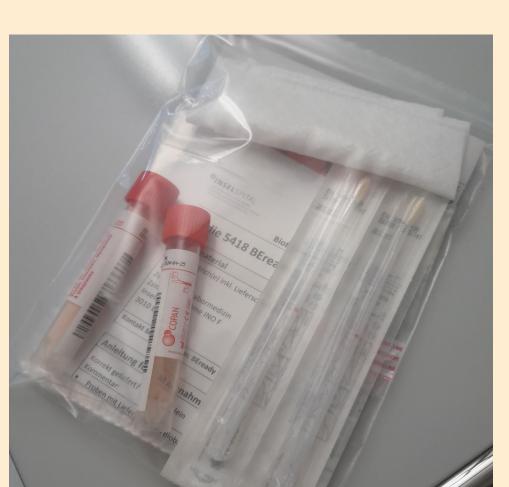
For more visit

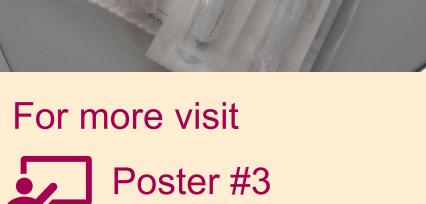
Poster #1

Poster #2











What we found Online questionnaires and self-sampling are feasible!

Also...

- Participation was *lower* in larger households (3+ people)
- Participation was *lower* in households with lower education
- Community engagement is needed in underserved groups



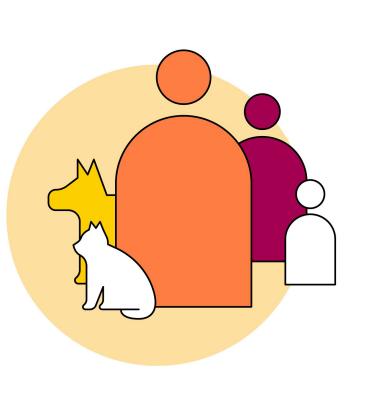


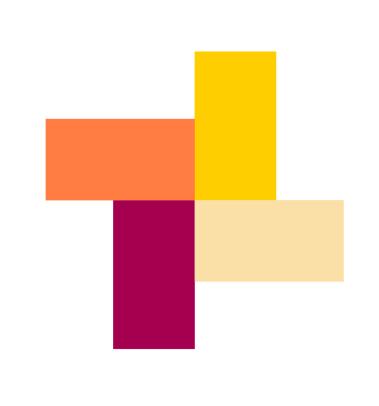


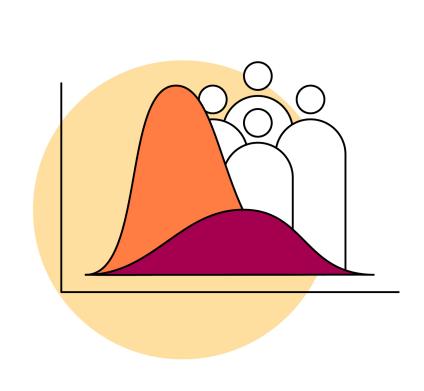
- BEready pilot study zoonotic risk, closeness of human-animal contact and preventative health measures in household pets
- Vaccination status amongst human and animal participants of the BEready population-based household cohort study for pandemic preparedness in the canton of Bern, Switzerland
- BEready a population-based cohort study to assess viral respiratory infections within households

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